

**Catherine  
Gaudet**  
***Hors-d'œuvre***

World Premiere

**September 23–26**

No text

From \$18 to \$47

→ [Teaser](#)



@ Julie Artacho

**Montreal, August 25, 2026 — La Chapelle Scènes Contemporaines is proud to present Catherine Gaudet's latest work, *Hors-d'œuvre*. Initiated by dancer James Phillips as he confronted the fleeting nature of a dance career, this project stems from a desire to perform his first full-length solo and explore nostalgia as a creative catalyst.**

The work is structured around the contrast between dreams and cruel reality. A few steps sketched, repeated, clarified, refined... Like a knife

being sharpened to slice, fate in its favour. *Hors-d'œuvre* is a phantom choreography that hesitates so much it almost disappears. Is it an ode to persistence and resistance, or does it represent a soul consumed by ambition? The muscle is taut, but the eye is moist. The walls close in, but the outside is so vast that one gets lost in it. Each step is an attempt, a breath on the embers of what remains—still a little—alive. It is no longer a rehearsal: it is an obsession. Something must give way. Or everything will go at once.

# Press release

## For Immediate Publication

Project creator, collaborator, and performer:  
**James Phillips**

Lighting: **Hugo Dalphond**

Dramaturgical advisor and rehearsal director:  
**Sophie Michaud**

Props: **Anne-Sara Gendron**

Production manager and stage manager:  
**Mégane Trudeau**

Chorégraphie: **Catherine Gaudet**

Music: *Red Ford Radio* by **U.S. Girls**

**Catherine Gaudet** approaches creation as a study of the elusive and unconscious aspects of human existence. She uses the body as a resonating space for complex sensations that rumble and roar beneath the surface. She created her first choreography in 2004 and has since produced eleven full-length works and several shorter pieces, presented both in Quebec and abroad. Catherine Gaudet is currently the executive and artistic director of Compagnie Catherine Gaudet, a member of Circuit-Est choreographic centre, an associate creator at DLD – Daniel Léveillé Danse, and an associate artist at Agora de la danse.



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**James Phillips** is a Montréal-based contemporary dancer and movement researcher with over twenty years of professional experience. His work as a dancer explores embodied perception, presence, and the body as a site of memory, transformation, and relational listening. Grounded in long-term physical research, his practice emphasizes sensation-driven movement, impermanence, and attentiveness to internal and external environments.

James has performed extensively with leading Canadian choreographers and companies, including Catherine Gaudet, Emmanuel Jouthe, Andrea Peña, Ginette Laurin / O Vertigo, Toronto Dance Theatre, and Le Groupe Dance Lab.

– 30 –

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